

Note to Leaders: Every Link is Different. Don't feel like you have to answer every question. Pick questions that will stir up conversation and action among your group

INTRODUCTION

The way of God is least appealing when we are angry, isolated, or afraid. That's when we consider things we would never otherwise consider. It's when we feel compelled to do something . . . anything. But maybe there's a better way.

DISCUSSION QUESTIONS

- 1. What is one thing you've learned from failing at something? Was suffering and failure worth the knowledge and wisdom you gained? Why or why not?
- 2. During the message, Ps. Daniel said, "It's easy to trust God when we have nothing to trust him with and nothing to trust him for." Do you agree? Why or why not?
- 3. Talk about a time when you made a decision motivated by anger, isolation, or fear. What were the consequences?
- 4. What is one area of life in which you are tempted to rely on your own talents, skills, and ingenuity rather than on God? What stands in the way of you relying on your heavenly Father in that area?
- 5. Read Psalm 9:9. Are the words of the psalm difficult for you to believe? Why or why not?
- 6. Read Matthew 11:28–29. What burden are you carrying right now? What is one thing you can do to find rest in God? How can this LINK support you?

MOVING FORWARD

When your circumstances make you angry, isolated, or afraid, don't run from God. Remember his faithfulness. He has not forsaken you. Surrender your burden to him. Let him give you rest.

CHANGING YOUR MIND

The Lord is a refuge for the oppressed, a stronghold in times of trouble. Psalm 9:9