



Note to Leaders: Every Link is Different. Don't feel like you have to answer every question. Pick questions that will stir up conversation and action among your group

INTRODUCTION

We are the sum total of the decisions that we have made. Whatever choices you made in the past determines who you are today. The decisions that you're making today determine who you become and what you can do in the future. So our choices are very important. Today we will learn why it is better to choose surrender over control.

DISCUSSION QUESTIONS

1. If you could actually have full control over something, what would it be? :-)
2. In which areas of your life are you most controlling: family, work, money, friendships, or something else? How does this impact people you care about?
3. Talk about the last time you felt completely out of control. What did you learn?
4. Read Proverbs 3:5-6 like you've never seen it before. How is this Scripture inconsistent with culture?
5. Sid mentioned 4 questions to help us relinquish unnecessary control. Share your experience with any of these questions
 1. It is **MY** concern?
 2. Is it **WORTH** my concern?
 3. Is it within **MY** control?
 4. Is it for **GOD** alone?
6. Share a past or present experience where you've given God your trust. How are you practically doing this? What does it look like to give this to God?
7. What are you trying to control? How can you surrender this to God? What is one thing you can do this week to grow your trust in God? How can this group support you?

MOVING FORWARD

"Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight." (Proverbs 3:5–6 NIV11).

CHANGING YOUR MIND

When you try to control what you can't you get anxious, when you give it to God, you get peace.