

PART 3: NOW YOU KNOW

Note to Leaders: Every Link is Different. Don't feel like you have to answer every question. Pick questions that will stir up conversation and action among your group

INTRODUCTION

We all want to do what's right all the time, but we sometimes we end up doing what we don't want to do. It seems unavoidable. If we can't even live by our own standards, how are we supposed to live by God's? Fortunately for us, the Apostle Paul wrote about God's grace and Jesus' power over sin in our lives.

DISCUSSION QUESTIONS

- 1. Talk about a time when you did something—big or small—that you knew was a bad idea. Why did you do it even though you knew it wasn't wise?
- 2. Read Romans 6:1–4. What are some obstacles people face in living out the truth that Jesus has freed them from the power of sin? Why is that truth so difficult to grasp?
- 3. Talk about some of the "whats"—willpower, discipline, self-help books—you've relied on in the past to try to solve your self-destructive behaviours. How did those things work for you?
- 4. During the message, Ps. Daniel said, "All the benefits of Christ's death and resurrection have been applied to us because we are in him." How difficult is it for you to believe that statement? Why?
- 5. How might your life be different if you truly accept the truth that Jesus' death and resurrection didn't just provide a way for you into heaven, but freed you from slavery to sin in this life?
- 6. When you're faced with temptation, what is one thing you can do to remember to whisper to yourself, "Sin is not my master. I am dead to sin but alive to God"? What can this group do to support or encourage you?

MOVING FORWARD

When you became a Christian you were taken out of Adam and baptised into Christ. What was true of Adam was true of you: you were condemned, guilty, unrighteous, a slave of sin. In Christ, what is true of Christ is true of you: you're free from sin. Choose an area of your life that Paul's struggle reminds you of. As you begin your wrestling match, whisper: *Sin is not my master anymore. I am dead to sin but alive to God.*

CHANGING YOUR MIND

In the same way, count yourselves dead to sin but alive to God in Christ Jesus. Romans 6:11