

# A New You Resolution

Note to Leaders: Every Link is Different. Don't feel like you have to answer every question. Pick questions that will stir up conversation and action among your group

## INTRODUCTION

It is always a mistake to decide **what you want to DO** before you first determine **who you want to be**. When we say who you want to be, we're not talking about a job like an accountant, or a home-maker, We're talking about who you want to be on the inside, as a person. The reason why this is an important principle is because **who you are will eventually show up in what you do**.

## DISCUSSION QUESTIONS

1. This is the time of year when we become painfully aware of where we are not, and what we need to do differently.
  - a) What is your new year's resolution for 2018? (Make one up if you haven't made one).
  - b) People often fail at keeping their New Year's Resolution because they try to solve the symptoms instead of solving the real issues. E.g. "I want to get rid of debt" vs "I need to stop being greedy." Look at your answer above (1a), is that a symptom or the real issue? What is the real issue?
2. **Read Daniel 6:1-5.**
  - a) What was the reason Daniel was given such a high position by the king? (See v.3)
  - b) Despite his high position, Daniel is still the same person as he was before. What kind of person was he? (See v. 4 & 5)
  - c) **Read Genesis 39:1-9.** How was Joseph in this story similar to Daniel in the above story?
3. Achieving success without first deciding what kind of person you want to be is a disaster waiting to happen. This is because your talent may take you to a place where your character cannot sustain you. That's why you need to decide who you want to BE before deciding WHAT you want to accomplish.
  - a) What do you want people that matter to you say about you at your funeral?
  - b) List some "BE" goals for your life. This is what success is to you. For each one, ask yourself "Why is this important? What is at stake if I don't do this?"

## MOVING FORWARD

What I want people to say about me at my funeral is my real definition of success.

## CHANGING YOUR MIND

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